

Trade Up for Health Beverage Exchange!

Free Milk or Juice while Supplies Last

Join us on

Monday,
April 5, 2010
12:00-5:00pm

for a Soda Pop Exchange
at the Broadway Market

Raffle
+
Giveaway

Take a step toward a healthier lifestyle for you and your family!

Fact

High soft drink consumption increases the risk of diabetes in women by 83%.

What:

For every 20oz bottle or 12oz can of soda pop that you bring receive a FREE quart of milk

For every 1 liter bottle or 3 12oz cans of soda pop that you bring receive a FREE 1/2 gallon of milk or juice

For every 2 or 3 liter bottles of soda pop that you bring receive a FREE gallon of milk or juice

Where:

The Broadway Market at the Gibson St. entrance in front of Save A Lot.

Fact

Over 10 million New Yorkers are overweight. That means more diabetes and more heart disease.

Fact

Each can of soda a child consumes per day, increases their odds of becoming obese by 60%.

For more information please visit

www.healthiernow.org

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